

Spirituality



MEANING

PURPOSE

CONNECTION/RELATIONSHIP

Spiritual Diagnosis



- Consistency of self over time
- Capacity to self soothe
- Ability to enter into relationship
- Open emotive pathways
- Remember the crisis

Nature of Engagement



- Pastoral Care . . . Gentle, servant, companion
- Spiritual Care . . . Engaging, dynamic, something is at stake
- Soul Care . . . Meaning, purpose, reflection/ integration . . . It possesses depth.
- Religious care . . . Rituals, symbols, more formal

Integration



- Increase ways of listening . . . No, seriously listening
- Be as inclusive as humanly possible, empower patients and the families. This increases a sense of purpose and decreases suffering
- People can tolerate pain, but suffering needs to be understood as an existential problem.

Mission Focused



- Journey . . . Possesses curiosity
- Research . . . A spirit of openness
- Learning . . . partnership
- Breathing . . . Decreases anxiety