Spirituality

MEANING

PURPOSE

CONNECTION/RELATIONSHIP
Spiritual Diagnosis

- Consistency of self over time
- Capacity to self soothe
- Ability to enter into relationship
- Open emotive pathways
- Remember the crisis
Nature of Engagement

- Pastoral Care . . . Gentle, servant, companion
- Spiritual Care . . . Engaging, dynamic, something is at stake
- Soul Care . . . Meaning, purpose, reflection/integration . . . It possesses depth.
- Religious care . . . Rituals, symbols, more formal
Integration

- Increase ways of listening . . . No, seriously listening
- Be as inclusive as humanly possible, empower patients and the families. This increases a sense of purpose and decreases suffering
- People can tolerate pain, but suffering needs to be understood as an existential problem.
Mission Focused

- Journey . . . Possesses curiosity
- Research . . . A spirit of openness
- Learning . . . partnership
- Breathing . . . Decreases anxiety