

# ADVANCE CARE PLANNING WORKSHOP

*Take Charge of Your Future - Make Your Wishes Known.*

**What:** Come together with your community to think about your healthcare, share your values and wishes, and make sure your choices are understood and respected at every stage of life.

**Who:** Open to all community members.

**When:** June 17, 10:00 - 11:30 am.

**Where:** Orchard Valley Church, 130 Cornwallis Ave New Minas

## WORKSHOP HIGHLIGHTS

- Understanding Advance Care Planning.
- How to communicate your wishes to loved ones and healthcare providers.
- How to encourage others to consider doing an Advance Care Plan.
- Tools and resources to document your preference.



## WHY ATTEND?

Planning ahead can give you and your loved ones peace of mind and ensure your wishes and choices are respected.

To register please visit: <https://nshpca.ca/community-events/> or scan the QR code.

