



Grief Support Group (Virtual)

Nova Scotia Health Palliative Care Service

You're not alone.

Join a supportive group for adults 18+ whose loved one has received care through a Palliative Care Program.

Thursdays | 6 - 8 p.m.

May 21 - July 2, 2026

Before the group begins, you'll have a short Zoom chat with a facilitator to learn more.

For more info or to register:

czbereavement@nshealth.ca

902-473-1622

nshealth.ca/bereavement

